

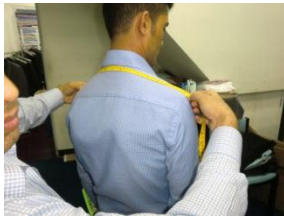
TAJ Clothiers Measuring Guide



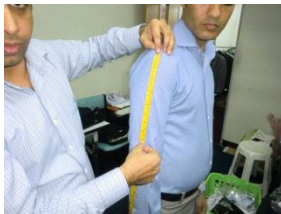
Neck - measure lower neck with one finger inside the tape so the collar doesn't choke



Shoulder – from end of shoulder to other end as shown. Follow the slope of the shoulders to be accurate



Sleeve – measure in two steps, from top/end of shoulder to elbow and from elbow to the end of the wrist



Sleeve - It is ok to have the person bend his arm and measure from the elbow



Hips – just as shown, measure from middle of the butt



Stomach –wrap tape around the widest point of the stomach with finger inside the tape



Torso – wrap tape around the torso crossing the chest and nipple. Again, leave one finger inside the tape.



Back – measure from arm pit to arm pit



Chest – measure arm pit to arm pit across the chest



Wrist – wrap the tap around the wrist as shown adding a fingers width inside the tape



Bicep – measure around the upper arm with the arm flexed leaving one finger inside the tape



Shirt Length – measure from mid collar as shown to about the bottom of the zipper. Some may want the shirt shorter so they can wear the shirt tail out.

